

Pleasant Hill

Residential Recycling & Waste Solutions



Sustainability in Action



Sustainable Summer: Your Low-Waste Playbook for the Season

Summer brings longer days, outdoor adventures, and plenty of opportunities to enjoy the season—but it also generates more waste. From single-use picnic supplies to travel-related emissions, our seasonal habits can take a toll on the planet. The good news? With a few thoughtful changes, we can reduce our impact while still making the most of summer's best moments.

Reduce Waste During Summer Activities

Summer outings don't have to mean overflowing trash bins. Pack reusable essentials like water bottles, utensils, and food containers to avoid single-use plastics during beach trips or hikes. Choose snacks with minimal packaging, or better yet, prepare homemade treats to cut down on waste entirely. When hitting the water, consider using reef-safe sunscreen to protect fragile marine ecosystems.

Travel Smart and Sustainably

With a few conscious choices, your summer adventures can leave lighter footprints. Consider trains or buses over flights for shorter trips, and if driving is necessary, carpool or rent a hybrid/electric vehicle to reduce emissions. Seek out local businesses and eco-conscious accommodations to support sustainable tourism wherever you roam.

Host Green Gatherings

Backyard BBQs and picnics can easily become greener. Use real plates, cups, and cloth napkins instead of single-use plastic, and set up clearly marked bins to separate trash, recycling, and organic waste. Encourage guests to bring their own containers for leftovers.

CELEBRATING PLASTIC-FREE JULY 2025

Plastic Free July is a global movement that empowers millions of people to reduce single-use plastics throughout July and beyond, with ideas and resources for reducing plastic waste every day and everywhere—at home, work, school, or even your local cafe. You can participate with simple actions such as swapping plastic water bottles for reusable ones, bringing your own shopping bags, and choosing unpackaged produce at supermarkets. Visit PlasticFreeJuly.org to learn more about this month-long celebration and even more ways to help create a plastic free world.



